David O’Donohue

15 Ian Nicol Street | Watson ACT | 0401 609 112 | subjectification@gmail.com

QUALIFICATIONS

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| Master of Psychology (Clinical), 2012 – 2014, University of Tasmania |
| Bachelor of Psychology with Honours, 2008 – 2011, University of Tasmania |

PROFESSIONAL LICENCES

Working with Vulnerable People

NV2 Security Clearance

SKILLS

* Humanistic and empathic approach to clients
* Exceptional rapport building and problem solving skills
* Ability to accurately detect and reflect client issues
* Communication skills across a range of audiences
* Administration of psychological tools such as intelligence, behavioural and personality assessments
* Administration of psychologically based therapies: Cognitive Behavioural Therapy
* Maintaining clarity and effective problem solving in difficult or stressful situations
* Ability to write complex psychological and general reports at a tertiary level
* Ability to discern the most useful approach to client issues from a range of possible approaches
* Capacity to reflect critically on current practice and skills in order to improve client and therapist outcomes
* Skills in working both individually and as part of a team
* Ability to apply psychological principles and deliver psychological interventions to individuals and groups
* Knowledge and understanding of the ethical principles that govern current psychological practice within Australia, and ability to apply such principles on a case by case basis in order to achieve best practice outcomes for client and therapist
* Ability to effectively psycho-educate and communicate with families, General Practitioners and other health care providers in order to improve client outcomes
* Case formulation and application of effective symptom reduction strategies

EMPLOYMENT/PROFESSIONAL PLACEMENT EXPERIENCE

**Dev Ops Engineer Cogito Group 2019-Present**

* Software development
* Project work including liaising with clients directly
* Producing project outcomes which align with client needs

**Tutor – Australian National University 2017-2019**

* Facilitation of group based tutorials
* Guidance and support of students completing degrees in mathematics and computer science
* Effective problem solving
* Enhancing student skills, knowledge and abilities through open questioning to support and expand self directed learning capacity

**Computer Science Mentor, Science Mentors ACT 2019**

* Providing individual guidance and mentorship to a student who was recognised as having advanced skills in computer science
* Individual meetings to facilitate learning and problem solving for a range of issues related to a project which was completed by the student

**Provisional Psychologist – Department of Health and Human Services 2014**

* Provision of appropriate treatment for a range of psychological disorders with consideration to the needs of children and their families
* Assessment and intervention for behavioural difficulties
* Assessment of disability and provision of resources and strategies to professionals and families to enable improved client outcomes
* Use of empathic and professional communication when dealing with client, family and professional staff including effective rapport building
* Supervision and professional development by trained clinical psychologists
* Supervision by a trained Clinical Psychologist and peripheral development tasks and training

**Provisional Psychologist – PsychologyWorks 2013**

* Provision of relaxation, mindfulness skills in a private practice setting
* Suicide risk assessment and intervention
* Provision of Cognitive Behavioural Therapies to clients with a broad range of presentations
* Ongoing professional development through participation in supervision with a trained Clinical Psychologist and associated activities, research and personal development tasks as instructed

**Provisional Psychologist – Department of Education 2013**

* Learning, cognitive, and behavioural assessments to children of primary school age
* Provision of feedback, including assessment outcomes and intervention strategies to families, school staff, and external agencies
* Counselling to students of a primary school age including presenting issues: adjustment, anxiety, and depression

**Provisional Psychologist - University Psychology Clinic 2012**

* Clinical interventions using predominantly Cognitive Behavioural Therapies
* Cognitive assessments and reports
* Provision of appropriate treatment for anxiety and depression, and a range of psychological disorders

REFEREES

Sean Hambrook Georgia McKinnell

Manager Psychology and Counselling Clinical Psychologist

Rehabilitation, Aged, and Community Care Launceston Therapy Clinic

The Canberra Hospital 0438 068 041

6244 2772

This curriculum vitae is true and correct as at **11/05/2020**

Signed: David O’Donohue